

## 1. CHEST

The chest measurement is taken as a circumference measurement around your chest at the widest point. Stand in a relaxed posture and breathe out.

## 2. JACKET WAIST

The waist measurement is taken as a circumference measurement around your waist just above your belly button. Stand in a relaxed posture and breathe out.

## 3. JACKET LENGTH (back)

Place the tape measure on the centre back seam where it meets the collar. Measure down to the desired length. (in general, this measurements lies between $70-80 \mathrm{~cm}$ depending on height and personal taste).

## 4. INSIDE LEG

The inseam is measured from the crotch along the inner side of the leg straight down to the floor. Stand upright, do not bend the leg and ask someone to help you take the measurement.

## 5. TROUSER WAIST

Measure around your waist (where you normally wear your trousers). Measure your body not over a trouser.

