# **TECHNICAL INFORMATION**

Ever wanted to know how to measure yourself correctly or what exactly is the best way to remove red wine from your favourite shirt? You'll find the answers to these questions and quite a few others right here...

Caring for your Kustom Kit garment - All you need to know (and perhaps a little bit more!) on how to preserve the look, feel, fit and wear of your Kustom Kit garment.

### GARMENT FIBRE PROPERTIES

Cotton:

#### Absorbent, strong, washes well with care.

#### Lvcra<sup>®</sup> & Elastane:

High stretch recovery with good shape retention. Polvester

Durable, easy care, good shape retention.

#### WASHING

Always look for the garment care label and follow the washing instructions. Washing machines. powders and fabrics are specially manufactured to ensure that when washed at the right temperature your clothes will come out looking their best time after time.

The washtub symbol tells you the washing process to be used.

- 60° Washing Symbol Spin Cotton Cycle 60° Washing Symbol Spin Synthetic Cycle
- 40° Washing Symbol Spin Cotton Cycle
- 40° Washing Symbol Spin Synthetic Cycle
- Before washing, close all zips, undo buttons and flatten out collars and cuffs. Check pockets and linings for loose or sharp objects.
- Turn garments inside out to reduce abrasion so avoiding contamination by fibres from other garments during the wash cycle.
- Always read the label for correct washing temperature
- Do not overload the washing machine.
- Always use the correct amount of detergent depending on how dirty the garments are.
- Check garments regularly for marks or stains and remove as soon as possible. See our Stain Removal guide.

#### DRYING

Always check the care label to see if a garment can be tumble dried. When tumble drying the following is recommended:

Garment Type	Drying Time
Cotton	50-100 minutes
Cotton Polyester	35-55 minutes
Heavy Synthetics	45-65 minutes
Light Synthetics	30-40 minutes

In cases where tumble drying is not appropriate, there will often be alternative drving methods suggested such as dry flat or drip dry.

#### 🔯 Do not tumble dry

 Dry flat - Re-shape whilst damp III Drip dry

- Re-shape whilst damp, by gathering the hem in one hand, holding the shoulders in the other and pulling back into shape.
- When line drying shirts or jackets, always hang from the tail.
- When line drying knitted garments, always fold over the line and position pegs at the under arm
- When line drying trousers or skirts, always hang from the waist
- Do not leave clothes exposed to the sun after they have dried.
- Avoid drying garments on radiators or intense heat as this could distort the shape.

#### IRONING

The iron symbols advise the optimum temperature at which to iron. The dots represent the recommended iron temperature - the more dots the hotter the iron.

➢ Iron symbol with one dot - up to 110° (Cool)

➢ Iron symbol with two dots - up to 150° (Warm)

- ➢ Iron symbol with three dots up to 200° (Hot) Do Not Iron symbol - Do not Iron. Steam treatment is not recommended.
- Iron each garment on recommended setting as per the care label.
- Do not iron directly onto a printed logo. Always iron on the reverse.
- When ironing dark garments avoid 'iron shine' by either pressing on the inside of the fabric or through a damp cloth. This is not applicable if using a steam iron.
- Do not iron over buttons, try to press around them. If you do break one, an extra is included on the care label

#### STAIN REMOVAL

Most stains can be removed by soaking in cold water as long as the fabric is washable, but as with all stains, prompt attention is important. Do not use hot water to rinse the stain as it may cause it to set. Place the stain to be removed over an absorbent cloth or wad of kitchen paper. In order to avoid a ring, first target the area around the stain and then work towards the centre, preventing it from spreading into the fabric. Always test the removal method on a hidden part of the garment first to ensure that it does not harm the fabric.

#### Ball point pen: Apply methylated spirit or

glycerine sparingly and mop up any loose colour. Rub any remaining stain with detergent and wash as per the care label.

#### Blood, gravy, ice-cream, egg, chocolate: Soak

the stain in cold water and salt or in warm soapy water and then wash immediately as per the care label

Coffee & tea: Soak up liquid with an absorbent cloth and sponge with warm water. Rinse with cold water and wash as per the care label.

Fat, grease & oils: Remove as much of the deposit as possible and work in neat washing up liquid with fingers. Treat with warm water and then wash immediately as per the care label.

Make-up: Do not rub the stain. Pat with talcum powder to soak up any grease and then work in neat washing up liquid with fingers before washing.

Perspiration: Sponge with weak solution of water and vinegar then rinse. Launder as per the care label.

Beer & spirits: Rinse or soak the stain in luke warm water and then launder in heavy duty detergent as per the care label.

White wine: Rinse the stain in warm water then soak in a warm detergent solution.

Red wine: First soak the stained area immediately in white wine or soda water to remove the colour, then launder as per the care label.

#### COMMON WASH PROBLEMS

Shrinkage: The major factors contributing to shrinkage are heat and excessive agitation. Do not wash at too high a temperature. Always wash on the most appropriate cycle and follow the care instructions.

Pilling & bobbling: Abrasion and lack of regular washing cause fibre balls to appear on the surface of the fabric. Remove by carefully brushing or picking off.

Fading in sunlight: Sunlight can be very harmful to fabrics and the effects are irreversible. Reduce exposure to direct sunlight wherever possible. Colour staining: Always wash similar colours together. Never leave damp garments together for any length of time.

# **MEASURING GUIDES**

#### Men's UK

To fit	XXS	XS	-	S	-	М	-	L	-	XL	-	2XL	-	3XL	4XL	5XL	6XL	7XL
Collar inches	-	-	14	14.5	15	15.5	16	16.5	17	17.5	18	18.5	19	19.5	20	21	22	23
Collar cms	-	-	36	37	38	39-40	41	42	43	44	45-46	47	48	49-50	51	53-54	56	58-59
Chest inches	28-30	32-34	35	36-38	39	40	41	42	43	44	45	46-48	49	50-52	54-56	58-60	62-64	66-68
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Waist inches		30			32			34			36			38			40	
Waist cms		76			81			86			91			96			101	
European		46			48			50			52			54			56	

#### All trouser waist sizes are available in short, regular and long leg lengths

Leg lengths	Short	Regular	Long
inches	30	32	34
cms	76	81	86

#### Shorts & Pants

	XXS	XS	-	S	-	М	-	L	-	XL	-	2XL	-	3XL	4XL	5XL	6XL	7XL
Waist inches	23-25	26-28	-	29-31	-	32-34	-	35-36	-	37-38	-	39-40	-	-	-	-	-	-
Waist cms	58-63	66-71	-	74-79	-	81-86	-	89-91	-	94-96	-	99-101	-	-	-	-	-	-

#### Men's European

To fit	XXS	XS	-	S	-	М	-	L	-	XL	-	2XL	-	3XL	4XL	5XL	6XL	7XL
Collar inches	-	-	14	14.5	15	15.5	16	16.5	17	17.5	18	18.5	19	19.5	20	21	22	23
Collar cms	-	-	36	37	38	39-40	41	42	43	44	45-46	47	48	49-50	51	53-54	56	58-59
Chest inches	28-30	32-34	35	36-38	39	40	41	42	43	44	45	46-48	49	50-52	54-56	58-60	62-64	66-68
Chest cms	71-76	81-86	89	92-97	99	102	104	107	109	112	114	117-122	124	127-132	137-142	147-152	157-162	168-173
European	38-40	42-44	-	46-48	49	50	51	52	53	54	55	56-58	59	60-62	64-66	68-70	72-74	76-78
Waist inches	23-25	26-28	-	29-31	-	32-34	-	35-36	-	37-38	-	39-40	-	-	-	-	-	-
Waist cms	58-63	66-71	-	74-79	-	81-86	-	89-91	-	94-96	-	99-101	-	-	-	-	-	-

Collar - Measure around the base of the neck whilst keeping one finger between the tape and the neck Chest - Measure around the fullest part of your chest keeping the tape under the upper arms and around the shoulder blades.

#### Women's UK

To fit	XXS	XS	S	м	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
Bust inches	28	30	32	34	36	38	40	42	44	46	48	50
Bust cms	71	76	81	86	91	96	102	107	112	117	122	127
UK	6	8	10	12	14	16	18	20	22	24	26	28
Waist inches	21	23	25	27	29	31	33	-	-	-	-	-
Waist cms	54	59	64	69	74	79	84	-	-	-	-	-

#### Women's European

To fit	XXS	XS	S	м	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
Bust inches	28	30	32	34	36	38	40	42	44	46	48	50
Bust cms	71	76	81	86	91	96	102	107	112	117	122	127
France/Spain	6	8	10	12	14	16	18	20	22	24	26	28
Germany	21	23	25	27	29	31	33	-	-	-	-	-
Italy	54	59	64	69	74	79	84	-	-	-	-	-

Bust - Measure around the fullest part of your bust keeping the tape under the upper arms and around the shoulder blades.

#### Kids

Age	3-4	5-6	7-8	9-10	11-12	13-14
Chest inches	22	24	26	28	30	32-34
Chest cms	56	61	66	71	76	81-86
Height cms	104	116	128	140	152	164
Waist inches	21	22	24	26	28	30
Waist cms	54	56	61	66	71	76

# HOW WE MEASURE UP

# PROVIDING UNIFORMALITY WHILE CATERING FOR THE INDIVIDUAL

We understand that everybody is different so our shirts are available in a huge range of sizes and fits to ensure the whole workforce looks and feels great! This guide will help you find your perfect Kustom Kit shirt and understand how each of our shirts will fit you personally.

## What's my size?

To decide on the best fit for you, it's important to know your measurements. Firstly measure your chest around the fullest part and refer to our measuring guide on page 133. Next measure your collar, around the base of your neck whilst keeping your index finger between the tape and your neck, again refer to the measuring guide. The measuring guide is in actual body measurements not garment measurements, so if your chest measures 43"/112cms and your collar measures 17"/43cms we recommend that you take a 17" collar Kustom Kit shirt.

# What if I am in-between sizes?

This will depend on how you like to wear your shirts. Classic shirts are cut more generously so will be more forgiving if you size down. Slim fit shirts however are neatly cut so we would recommend sizing up if you are between sizes.

## My collar size is different to my chest size

If you intend to wear a tie we recommend buying to your collar size measurement to ensure a neat and comfortable fit. Choose a classic fit if you use your collar size and a slim fit if you use your chest size.

If you intend to wear the top button open then you should fit your shirt to your chest rather

## Still unsure?

Kustom Kit can provide size charts for all garments upon request and our Customer Services team will be happy to answer any queries that you may have.

# WHAT'S MY FIT? Kustom Kit offers 3 different shirt fits



pleat to the back yoke for a non restrictive and comfortable fit. As a ou consider these measur





